

The Self and the self

by shirl *Wednesday, Dec 28 2016, 9:00am*

international / prose / post

The distinction is made to separate one's true identity from the false, denoted with a lower case 's'. The false self, which the majority imagine is their real Self, is fraught with all the tribulations of the world/culture, as it is created by culture and therefore must share in all of culture's perversities, and there are many, as we know. What is held as the highest personal value by culture is the individual, yet that identity is a superimposition of culture overlaying one's real identity in order to sustain its existence; you see, culture resides in the mind which then acts to reinforce external culture via participation -- that's all it takes to lose oneself, becoming a subscriber to a fabrication or lie.

The pristine Self you were born with is infinite and shares its character with the creator and all creation in the present, as such it is entirely separate from the limitations and tribulations of the superimposed self. The notion of 'I, me, mine' or any other personal pronoun separates the entity from its relationship with the ALL, including other human beings. This separation comes at great cost to the entity as one's heritage/connection to the creator and its universal harmony are lost, at least until we re-establish real identity.

The simplest and most effective cure or method of riding oneself of the fake self, is to become selfless. The tendency of the false self is to be concerned with itself and its problems and unfulfilled desires above all else, this narcissistic absorption necessarily clouds if not blinds one's view of the other and the continuity of existence. Now consider that the word selfish derives from the notion of an individual self concerned only with itself, therefore it separates itself from others. To be selfless is to undertake actions that focus on the welfare of others, which actions by their nature begin to weaken the hold the false self has on the entity.

Many disciplines exist that are designed to effectively annihilate the false self, however, most are associated with mystery schools with the notable exception of Buddhism, which broadcasts the fact that it intends to eradicate all illusion stemming from the innate perversions of the false self. Yet the majority have no time for the rigorous disciplines of the so-called mystery schools and Buddhism, so another effective, simpler approach is recommended -- be selfless.

Selflessness benefits all though the major benefactor is the one that practices selflessness, something that is easily achievable.

A rather interesting side benefit of selflessness is that it weakens, to the point of subversion, culture, as culture cannot survive without subscribers, in the form of, 'me, me, me, mine, mine, mine!'

For those that require a little more substance, I would suggest that you interrogate the notion of 'I' from which all perversity arises; a little constant focus on this interrogative method soon reveals the self to be a mere chimera, a lie. There is only ONE continuous Self, as is clear to anyone that is not enslaved and tortured by the false self.

Speaking of benefits, what a wonderful world it would be if everyone were selfless -- today's cultures

are poison, simply read the daily news for verification. Transforming your life by becoming selfless also transforms the society in which you live -- people respond to the natural course rather than the perverse, heinous crimes and filth of today's cultures.

I am extremely pleased to have had the opportunity to share these truths and simple solutions with you.

Peace to you all.

Jungle Drum Prose/Poetry. <http://jungledrum.lingama.net/news/story-2463.html>