## Self-Imposed Limitations and Extra-Dimensionality

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Few people are aware of the constraints they impose on themselves -- to be unaware and accept learned habitual responses is considered normal these days. Few realise that we humans have an amazing, almost magical resource available to us should dire circumstances threaten or a strong need arise.

Humans, by virtue of their consciousness, are able to leap 'dimensions' and alter their circumstances almost instantly; numerous cases of people defying the odds fill our folk tales, social histories, myths and legends. What appear to be insurmountable obstacles to others are overcome by the 'exceptional' (I use this word in its literal sense) without a second thought.

The dogged determination, persistent will and creative intuition of real achievers sets them apart from the common herd. Entire societies have been transformed by men and women of vision -- note that all visionaries think well outside the 'box' of 'approved' norms; visionaries never compromise their principles, values or vision even under the threat of death and torture, they are acutely aware that to do so would completely dis-empower them.

So what are our highest goals and most lofty aspirations, do they conform to our visions or to unconscious, imposed limitations?

If you believe you are a physical (only) entity in a material universe the highest goals you would be able to imagine would be defined/constrained by laws associated with the material plane; your pursuits would necessarily be physical/biological/hedonistic and science would be your authority. The pursuit of wealth/goods and pleasure would be regarded as natural in materialist societies. The major liabilities associated with this worldview/reality would be the fear of death or debility and the fear of (material) loss – every 'reality' has its pros and cons.

If we valued 'goods,' resources and the accumulation of wealth above everything else soon human life would become a secondary concern, as would laws impeding the rapid accumulation of resources/goods/wealth. We are all too familiar with cultures that worship money and the appropriation -- legal or otherwise -- of material resources/wealth! Today State leaders routinely murder innocent civilians and human holocausts are not uncommon. These are some consequences of a particular material worldview or consciousness!

Yet every night we enter another reality/realm when we fall asleep, our experience becomes otherworldly, which, if nothing else, proves beyond doubt there is more to life than the phenomenological world.

Wherever our consciousness goes when we sleep, it is not conscious of the material world, yet we continue to exist though our awareness is of another reality/world.

Great visionaries are able to transform society due to the fact they 'see' or are aware of more options than average people. The view from high above is much broader than the view from inside the 'box', which begs the question, why should anyone subscribe to a limited worldview?

Indeed, we should always endeavour to maintain our psychological integrity, discriminative faculties and ability to see beyond the 'reality' in which we find ourselves.

Perhaps pursuing certain mental disciplines like Buddhist or Yoga meditation is more beneficial and valuable than we ever imagined.

Jungle Drum Prose/Poetry. http://jungledrum.lingama.net/news/story-329.html