

## Sing ...

by jude *Wednesday, May 10 2017, 7:49am*

international / poetry / post

ur sad and lonely song,  
u are not alone  
tho u imagine u are

isolated by ur own mind  
u have built a prison for urself --

profoundly alone u sing ur haunting song  
which fills the hearts of the lost  
and forlorn  
but u are not alone

i hear and see u suffering for nothing  
unable to see u are loved  
u left for what? the anxieties of ur upbringing  
and tragedies of ur experience which we all  
create unknowingly

let it go, all of it, free urself  
open ur heart and receive,  
love abandons no-one  
but u do not know it

ur song reaches to the marrow  
such is its haunting power,  
but how much more powerful  
is the love u deny urself?

we always find what we seek  
but few recognise it  
and so  
now u sing in ur loneliness  
for those that do not understand  
that love is easy tho we are taught to sabotage  
all that gives us life, purpose  
and Joy