

## **NADA SHAKTI: The NATURE of REALITY**

by sadh *Wednesday, Jul 20 2016, 12:21am*

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As we should all be aware in this modern educated age of stupor, matter is comprised of particles -- protons, neutrons and an infinite (yes, infinite) 'number' of nano particles and of course, electrons. These components are the same, a proton, neutron and electron in one atom are no different to the protons, neutrons etc, of other atoms, so what is it that creates the plurality of things in the phenomenological universe? Vibration, in a word. But what is it that determines vibration or the varying pitches or frequencies of different elements when their component parts are the same? Simply, the number of component parts in any given atom. Each atom generates its own peculiar vibration so one could easily say the entire universe is sound, as sound is nothing but vibration and so it goes that if we follow any sound to its source we encounter the primal creative sound, which pulses its own unique, dynamic, creative frequency as the original, primal sound.

Now a little refinement. 'Particles' are really energy vibrations -- in fact, there is no such thing as matter -- vibrating at particular pitches or frequencies, which remain constant, hence we are able to differentiate various things of differing frequencies, therefore creation is an orchestra of multivarious sounds. However, 'they' all issue from one infinite emanating 'source,' which is the most rarefied of all frequencies, in fact, it is literally 'off the scale,' as it contains within it the 'seeds' of all other frequencies -- this aspect is impossible to grasp intellectually as it is an infinite kinetic process and the mind is finite therefore unable to apprehend infinite reality. However, once the mind is freed from its finite shackles (cultural thoughts and concepts) it easily understands/embraces the REALITY and knows instantaneously, as apparent differences are obliterated in this state of Being, which has been described as total knowledge/awareness, which also has a quality, as do all other 'things' -- that quality is ineffable BLISS, as creation is enraptured in its Creation! Never imagine for a second that existence is devoid of qualities, as dry science and mathematics would depict it.

Now, we are all part of creation and so are directly CONNECTED to the source of our creation, it stands to reason then that we are ALL able to trace a route to our source directly. One of many means of doing this is to follow the sounds that inhabit our particular being, which are heard only in a profound meditative state, indeed, in this state the once inaudible sounds begin to roar, hum and explode before confronting or entering the original sound/pulse of creation.

Now a practical method. Sit comfortably and quietly with spine erect following its natural curve, your/our centre of gravity is just below the navel -- let go of all mental modulations (thoughts) and 'tune in' until sound is detectable -- I should explain that these sounds are not of an environmental source, they emanate internally; continuous practice develops the inner aural 'organ,' which is not the ear though it may appear so. It may also assist if one mentally intones a low hum or according to the tradition AUM/Om, which is pronounced audibly as 'aowoommm' which mental 'intonation' assists beginners in concentration, however, the internal Nada will soon become apparent and 'intonation' is dispensed with.

You see how incredibly easy it is to discover 'God/Creation' and all the secrets of the infinite universe, at ONCE! Surely, practice is a small price to pay for limitless Knowledge, Bliss and Being/Immortality.

Peace, prosperity and success to All.

<http://cleaves.zapto.org/news/attachments/aug2008/garlandofletters.pdf>

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Jungle Drum Prose/Poetry. <http://jungledrum.lingama.net/news/story-2300.html>