

The Secret of 'The Secret of the Golden Flower'

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"The secret of the magic of 'Life' consists in using action to achieve non-action." If one appreciates the first essential statement/instruction in 'The Chinese Book of Life,' known as, "The Secret of the Golden Flower," notwithstanding words are only able to allude to reality/INFINITY, one should not have any difficulty understanding the import of the entire text, which is perplexing to many occidentals. All is contained in that first instruction.

Reading from a western point of view it appears to make no sense -- how does one achieve non-action via action? Indeed, how?

Understand first that 'Life' here refers to the eternal principle, without beginning or end, hence it is infinity itself, not transitory biological existence, and as we should all be aware, infinity is continuous therefore kinetic by nature and definition.

This process of creation, which appears as a continuous cycle of birth, maturation, decay and death and then 'transformation/rebirth,' is how the objective mind apprehends existence. The cosmos itself is evidence of this cycle and so it follows that all manifestation on earth follows the same principle as it is part of the universal process.

Nevertheless, behind this outward phenomenological cycle/process is an essential, everlasting principle and it is that to which 'The Chinese Book of Life' refers. That principle is said to be constant, pristine, unchanging/immutable, the mother of creation, yet its essential nature cannot be known empirically, it must be experienced with/as the totality of Being to understand it is in a constant state of sublime, creative flux, which may appear in the phenomenological world of things as cycles of change, beginnings and endings.

Infinity is beyond measure, it has no beginning point or end point therefore it cannot be measured (goodbye science); by nature it is therefore kinetic, why? Simply because the static or fixed has an end point therefore a beginning point and is measurable, FINITE, everything measurable undergoes the process of change, birth, death and transformation and the cycle is repeated endlessly, whereas infinity continues unchanged.

'Life,' which refers to INFINITY maintains its integrity as the underlying creative force/spirit behind everything and it is that to which all religions and esoteric mystical traditions refer, including 'The Chinese Book of Life.'

Liberation or freedom from the buffeting cycle of birth and death, measurable life, is readily accessible to all, as we and everything else are included in the process of continuous creation or infinity.

Perhaps a view from another compatible perspective may assist in understanding.

The Indo-Aryan Sanskrit culture refers literally to action as 'Karma,' and in the esoteric Indian

tradition, liberation, nirvana, samadhi or (eternal) 'Life' implies the cessation of 'rebirths,' and is achieved by neutralising or eliminating active and residual Karma.

The gross action of outward existence, the plurality or multifarious world of things, is replaced by the non-action or immutable constant of the infinite state. Therefore one escapes the cycle of birth, maturation, decay and death and achieves a constant state of eternal 'Life' or immortality; however, I must emphasise that this constant is in reality a hyper-kinetic, hyper-rarefied state of kinesis, which, due to our underdeveloped awareness and perceptions is understood as immobile or an unchanging constant, though nothing could be further from the truth.


Another Sanskrit term refers to the quality of this hyper-kinetic state/process as Sattwa, which is a state of such rarefied hyper-vibration it appears static much like a still candle flame which betrays the furious activity of fire -- appearances are never the actual.

Death and the buffeting cycle of change are unknown to the rarefied 'sattwic' creative process behind manifestation, it maintains its integrity throughout expansion and contraction, the same process though reversed in direction, sometimes referred to as [Spanda](#) or divine pulse, which is the everlasting, immutable principle or the essential nature or Tao to the Chinese.

Now the astute mind appreciates that in the Sanskrit tradition the goal is non-action not action, and the Chinese tradition has reversed this meaning though in essence both traditions refer to the same ideal but approach it from different perspectives.

The superficial, apparent difference between the Indo-Aryan and the Chinese traditions is immediately dispelled via the understanding that the non-action (karma-devoid condition) of the Sanskrit tradition is indeed a hyper-kinetic (sattwic) continuous process of creation, as indeed is the 'action' of the esoteric Chinese school. The Chinese tradition refers to the gross outward cycles of phenomenological change/existence as action, the antithesis of non-action. Meaning is not reversed, only cultural terminology, there is no essential difference in the ideal only in the cultural approach.

Western readers should approach 'The Chinese Book of Life,' with the meaning elucidated in the text which is culture specific, I caution against allowing western modes of conceptual thought to interfere. 'The Secret of the Golden Flower' offers sensitive and intuitive readers a condensed and infallible approach to Realisation, or knowing/experiencing 'God,' which is everyone's birthright. A scanned pdf copy is available below, enjoy:

 [The Secret of the Golden Flower](#)

Jungle Drum Prose/Poetry. <http://jungledrum.lingama.net/news/story-2125.html>