

## Regarding Enlightenment, Nirvana

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### A no nonsense approach to Realisation

It should clearly be stated at the outset that we are all Enlightened beings, as we are born spontaneously Aware. However, superimposed cultural learning or socialisation veils our understanding and creates a type of amnesia of the fact. We are then faced with a paradox if we decide to pursue Enlightenment, how do we achieve or gain what we already have? The problem amounts to the absurdity of attempting to locate something more immediate than the nose on your face. Nonetheless, countless people attempt to solve that impossible paradox by utilising the means – culturally learned behaviours -- which created the amnesia in the first instance, needless to say they fail miserably in the attempt?

Consider various esoteric or mystical schools and their practices, what are they all designed to accomplish? Remembrance, nothing more, yet too often, certain practices designed to enlighten become circular and self-defeating, 'raising' the 'kundalini' for example, 'remember,' we are already enlightened but have forgotten our identity or who we really are, notwithstanding that kundalini is a kinetic not dormant force.

Social animals are instinctively forced to embrace the group mind/culture of the tribe, society or herd to which they 'belong' in order to function and survive, which would not be a problem if that mind were attuned to nature's greater cosmic harmony, understand that infinity allows no imperfections as the slightest 'error' or fault would have extinguished existence yet we exist as proof of the perfection of cosmic harmony, you are not an accidental creation. However, a quick appraisal of the human mental and social condition informs us that things are not socially or mentally right, in fact things are downright destructive and perverse to the extreme so achieving perfection becomes an imperative if we choose to survive.

We are therefore faced with superimposed destructive perversity, which most people begrudgingly and painfully accept, or vainly try to escape, or returning to (remembering) our essential, harmonious nature, while continuing to function in a perverse society. It should be noted at this stage that every social space is 'mapped' by culture and if a new sub-cultural social space emerges dominant culture appropriates that space otherwise it may collapse, something not altogether undesirable these days, hint!

Some enlightened beings choose to opt out of the social but nevertheless physically remain in a mapped social space, including mystics and the insane, as both threaten the dominant culture if allowed to function freely, simply appreciate the amazing extent to which 'medicine' goes to chemically constrain the 'insane,' 'disturbed' and radical, mystics fall into the latter category and are far too aware to be appreciated or detected as other worldly, therefore as a threat.

Nevertheless, every social space, particularly the culturally created group and individual 'mind,' has its inherent problems due to the imperfections of its creators, humans. The astute among you have detected that 'mind' -- as distinct from aware consciousness -- and 'culture' have been used here synonymously. The reason is simple, everything you think, including who you imagine yourself to be,

has been culturally created/learned, inclusive of the process of thought, which is nothing more than a train of finite cultural symbols and images (language) congesting our view of infinity and veiling REALITY as it is!

A little, the more the better actually, self-confrontation is necessary to proceed, which process the dominant perverse culture abhors, as it starkly reveals the tortuous state of our minds and of course, the destructive culture it reflects, I therefore recommend for those not yet anchored in enlightened bliss to avoid today's mass media like the plague, as it is the reinforcing agent of cultural perversity.

However, if we decide to strive for clarity and the source of our being then every perversity must be overcome - relax, be assured that all perversities are dissolved in the instant of Real-isation.

Self-confrontation, not projection/avoidance or denial, reveals what? Our real personal and social condition, which is what, need I ask? Misery, in a word, interrupted only briefly with moments of joy, again, simply appreciate the condition of your mind and the culture that produced it for verification of the obvious.

To outwit the deleterious effects of mental/cultural perversity we harness misery and all its relations and transform them into friends by utilising them as instigators and drivers in our (now) quest for Truth/reality; already we have defeated a great enemy, the social forces that view neutral forces as static categories of 'positive and negative,' which opposites do not exist in a uni-fied space. We thereby effectively transmute problems into constructive assistants and once we have begun we need not focus on the once 'sorrowful' source of achieving that result. I should mention that immediate relief from our numerous self-maintained, culturally imposed burdens is experienced as soon as we take our very first step in the direction of harmony, as the universe responds and delights in our new direction to return to its inherent harmony, peace and indescribable joy.

To be continued ...

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Jungle Drum Prose/Poetry. <http://jungledrum.lingama.net/news/story-1658.html>