Flickerless Flame

by sadh *Thursday*, *Feb 5 2015*, *8:48am* international / poetry / post



wax is required free of all impurities and a sitting place free of all drafts and atmospheric disturbances

light the candle and watch the flame reach its height

watch until the flame appears motionless though its activity like all fire is energetic

watch until ur mind and the flame become one fixed in active stillness

achieve quiescence in activity light is not indolent or slothful remain firm until the flow of pure consciousness feeds the light in ur eye

watch until the light of the mind and flame become indistinguishable reality opens like a flower and unfolds revealing the continuous flow of existence

another victor welcomed

Jungle Drum Prose/Poetry. http://jungledrum.lingama.net/news/story-1464.html